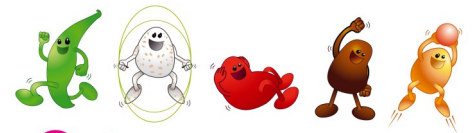


Fun Fitness Club



Full of beans

CHILDREN'S FITNESS & SPORTS COACHING

Gayton Primary
Wednesdays 21st April - 7th July
3.20 — 4.20



This Club is for children in years 3 & 4

We will have so much fun in our **NEW** club trying out new exercises, fun activities, obstacle courses and circuits - an all round challenge whilst allowing children to work at their own pace.

Energizing music will motivate the children to push themselves while we ensure we incorporate a lot of variety.

- | | |
|-----------------------------|--------------------|
| 😊 Obstacle Courses | 😊 Cardio/Fitness |
| 😊 Body weight exercises | 😊 Circuit Stations |
| 😊 Variety & Age Appropriate | |

Full of Beans are members of the Children's Activities Association, giving parents peace of mind that we have been fully vetted for quality & safety.

The cost is just £4.30 per week. 11 weeks is £47.30.

If you would like your child to participate, please head to www.fullofbeansfitness.co.uk. Click the red shopping trolley top right and find Gayton then choose this club.

If you have any questions at all, please don't hesitate to contact Nicky on the number or email address below



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www.fullofbeansfitness.co.uk