

# Dodgeball, Basketball & Netball Club



## Full of Beans

CHILDREN'S FITNESS & SPORTS COACHING

Gayton Primary School  
Thursdays, 3rd March - 7th April  
3.25 — 4.25



This Club is open to children in years 3, 4, 5 & 6

We've mixed up some of the children's favourite invasion games to form this fun combination. Boys and girls of all skill levels are encouraged to join.

Come and learn a new range of skills and have huge amounts of fun. Children will improve their individual skills such as :

- \* Passing
- \* Dribbling
- \* Footwork
- \* Shooting
- \* Teamwork
- \* Rebounding
- \* Defending

Our sessions provide an opportunity for all children to improve their overall physical fitness, develop sportsmanship and athletic integrity, and gain an understanding of each game.

The cost is just £4.30 per week. If you would like your child to participate, please head to [www.fullofbeansfitness.co.uk/classes](http://www.fullofbeansfitness.co.uk/classes) where you can register & pay by card.

If you have any questions at all, please don't hesitate to contact Nicky on the number or email address below



Children's Activities  
Association

✓ Giving Parents Peace of Mind

M : 07914 836 797

E : [nicky@fullofbeansfitness.co.uk](mailto:nicky@fullofbeansfitness.co.uk)

[www.fullofbeansfitness.co.uk](http://www.fullofbeansfitness.co.uk)